It's an eye-opening experience to personally engage in the medical field. It was a challenge for me to research and write about the findings in cardiology for a few months. I find that I underestimated the difficulty of it after my research article got corrected times and again by my physician mentor. Although it wasn't easy, I learned about the medical field in the most productive way I could've imagined.

There are many academic consultants out there, but they are all pretty generic. A consultant who has a degree in sociology would be helping kids who want to study laws as well as those who want to be in pre-med. I am not a degree fancier, but I think it makes more sense for someone who studied law to tell you about studies in law and, in my case, have a physician guide me how to become a physician. I'm glad AE has given me this opportunity to work with a doctor on medical internships.

The trip we had was short, but it's extremely unforgettable. Before I came, I thought a hospital CEO would be an arrogant figure, but he was so patient in showing us around the hospital where we interned that I soon forgot about his professional position. My mentor on site, Dr. Li, showed me all the logistics and details about a doctor's everyday duty. I thought a doctor works happily and honorably in white coat, but the reality is quite different. The training was also very different than what I anticipated. I was glad to see the doctors in actions, and I personally approached some patients as well. Now I respect doctors much more because their work is not a fun thing to do. Like a flight pilot, what they do may effect someone else's life and death, that's a lot of pressure and stress they have to bear at work. Being a doctor is not for everyone, but after seeing what's coming, I am more determined to follow this path. Thank you, AE team, for shedding the light upon my dream.

-Jasmine